

17 March 2016

Dear Parents and Caregivers

As part of our P.E. and Health and Social Studies programme for Term One, the Year One/Transition team is planning Outdoor Education day on Thursday 24 March. We have set Thursday 31 March as a rain day



Our goal for the day is to build confidence to try new things, manage self in a different learning environment and in different contexts.

The Key Competencies we shall be covering are:

Managing self

- Achieving realistic and personal goals
- Developing self esteem
- Taking increasing responsibility for our own learning and work.
- Participating and contributing
- Working effectively in a group
- Participating appropriately in a range of social settings



We share a pizza lunch, the expenses of which are covered by the pupils services fees. A big thank you to those parents who have paid this promptly. If not, this is a reminder to pay those now.

We also ask you to provide your child with their normal 'brain food', morning tea, a drink bottle and a piece of fresh fruit that we can cut up and share at lunchtime.

One of the activities takes place in the swimming pool, so please ensure your child brings their togs to school. If the weather turns and it is too cold to enjoy a swim, we'll have another activity on the top field.



**To assist us we need parent helpers.**

As always the success of this programme depends on your support. Please indicate on the return slip below or e-mail your classroom teacher if you are able to support us from 9 am to 1pm.

Theresa Wells & Jules McCourt  
Transition & Year One Learning Leaders

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**Parent Help**

Name: \_\_\_\_\_ Telephone number: \_\_\_\_\_

I am able to help on Thursday 24 March (Rain day 31 March)

**My child \_\_\_\_\_ has a food allergy and I will provide an alternative lunch**